

- Before you start your work, conduct a risk assessment for hazards that may be present and define how you will control those hazards.
- Fall protection must be worn if you are at risk of a fall of more than 3m (10ft) from the ground. Ensure that you use adequate anchor points and the right gear.
- Be fit for duty any form of impairment will be investigated.
- Always think of what you are doing, ask yourself "will this effect any other person or trade on-site, am I creating a hazard for someone else?"
- Hard hats and steel toed boots are mandatory and they must be in good condition.
- Wear safety glasses when there is a risk of eye injury.
- Keep your work area clean pick up after yourself.
- If you see a hazard, fix it or report it to a supervisor right away.
- Report all injuries and safety hazards.
- If you're asked to do something you believe is unsafe, don't do it, contact your supervisor.
- Watch out for moving equipment and work that may be going on above you.
- Ensure your tools are in good working condition.
- Lift with your legs and not your back.
- Respect others violence and harassment towards others will not be tolerated.

